



CUMORAH
ACADEMY

INSTRUCTIONS FOR CHOOSING A PERSONAL MENTOR

1. Define Your Goals and Needs

- **Identify Areas for Continual Growth:** Do you need help with career choices, specific technical skills, leadership, or work-life balance?
- **Your Life Vision:** Have a clear idea of where you want to be in 1-5 years so you select a personal mentor who can help you continue that path.

2. Choosing a Personal Mentor

- **Start with Your Existing Network:** Look to family, church leaders, colleagues or respected peers.
- **Look for Similar Values:** A personal mentor should share your standards and values to ensure you receive advice that aligns with your goals.

3. Start the Relationship

- **Informal Meeting:** Request a brief, informal meeting to discuss your time at Cumorah Academy (share the Cumorah Academy Pledge) and how you feel now you've returned home.
- **Be Prepared:** Come to the first meeting with specific questions and written invitation to be your personal mentor.
- **Share Your "Why":** Explain why you chose them specifically and what you hope to learn from their unique experience.

Qualities of a Good Personal Mentor

- **Active Listener:** Spends more time listening than talking.
- **Supportive & Empathetic:** Believes in your potential and understands the challenges you face.
- **Honest & Direct:** Provides helpful feedback, not just praise.
- **Accountable:** Follows through on commitments and keeps in touch.
- **Well-Connected:** Can potentially introduce you to relevant people or resources.